



## FUENTE SANTA - LA MUELA STEP BY STEP



### DIFFICULTY

MIDE Project:  
3/1/1/3

### DISTANCE

Round Trip  
Distance: 9.000 m.

### DURATION

Round Trip  
Duration: 3h (no  
stops)

### SING POSTS

Route Indicative  
Singal Post:

**YELLOW**

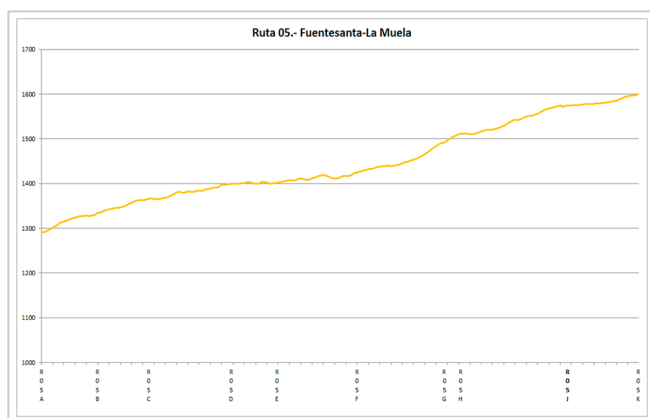
### LONGITUDINAL PROFILE

Grade 374 m.

### SHADE/SUN

90% / 10%





Route 05/ Fuente Santa - La Muela	
duration	3h
climb slope	374 m
descent slope	374 m
distance	9 km
type of route	round trip
Conditions all year round, estimated time according to MIDE criterion, without stops Calculated on data for 2017	



RUTA  
R05

R05A - START

Signpost 0 metres



RUTA  
R05

R05B - SIGN

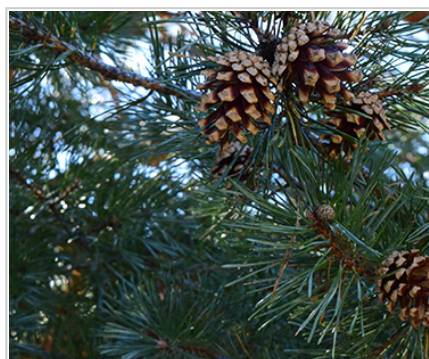
Signpost 435 metres



RUTA  
R05

R05C - PINE FOREST

Scots pine forest 810 metres



RUTA  
R05

R05D - PINE FOREST

Scots pine cones 1425 metres



RUTA  
R05

R05E - AREA

Fire breaker area 1760 metres



RUTA  
R05

R05F - PINE FOREST

Scots pine forest 2355 metres



RUTA  
R05

#### R05G - PATH

Path 3015 metres



RUTA  
R05

#### R05H - VIEWPOINT

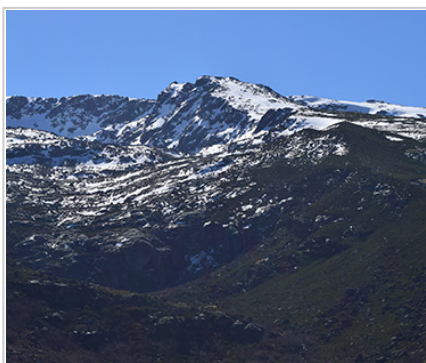
Viewpoint that looks out at  
Candelario mountain range 3130  
metres



RUTA  
R05

#### R05I - TURN

Turn to the right 3930 metres



RUTA  
R05

#### R05J - VIEWPOINT

Viewpoint that looks out at  
Candelario mountain range 3935  
metres



RUTA  
R05

#### R05K - END

End of the route 4460 metres



RUTA  
R05

#### R05K - END

End of the route 4460 metres

## 1. PROHIBITIONS

- **DO NOT** light a fire and **DO NOT** cut firewood
- **DO NOT** leave or bury any kind of trash
- **DO NOT** change or remove elements from the natural environment
- **DO NOT** wash tools and cars in rivers, lakes, and streams
- **DO NOT** throw cigarettes into the natural environment
- **DO NOT** step on the land planted **DO NOT** cross the trails

## 2. OBLIGATIONS

- Follow the route and never leave the trail
- Respect the enclosures along the way. Remember that they own
- Wind and rain guard
- Use trash bins
- Use trash bins
- Camping at established locations
- Closes gates, bars and hut doors that you find
- Respect the sings

### 3. TIPS

- Hiking is not trekking, excursions or climbing
- **Mandatory Individual Equipment** You must wear mountain boots, socks and you must not forget water
- **Sport Equipment**
  - . **Breathable, Waterproof and Thermal** Sportswear, Pants and T-shirt
  - . Capes, Raincoats
  - . **Warm Clothing** (Gloves, Scarf,...)
  - . Hat or headscarf
  - . Spare Clothes
  - . Suitable footwear and spare socks
- **Other necessary things** (preventative)
  - . Sunglasses
  - . Sun Protection Cream
  - . First aid kit
  - . Walking sticks
- **Provisioning**
  - . Water Bottle
  - . Enough food
- **Others**
  - . Backpack
  - . Map of the area / Compass / GPS
  - . Latern with backup battery
  - . Mobile with backup battery
  - . Reflective Vest

### 4. RECOMMENDATIONS

- Effort Required
- Drink water frequently and in small quantity
- Eat nuts or chocolate
- In the stops do not get cold
- Take your dog tied, there are cattle and wild animals
- Consult an environmental educator with knowledge of the environment
- Analyze the route according to your capacity
- Check the weather forecast
- Keep in good condition the roads and the walking trails. Avoid accidents, losses, and you must keep the beauty of the hiking routes

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Rutasporcandelario.es picks up the effort of Candelario City Council to design an offer of Active and Familiar Tourism from the locality and its surroundings. Routes that depart most of Candelario and are designed with round or round trajectories.

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